

Final Exam: NUR163/ NUR 163 (NEW 2023/ 2024) Concepts of Practical Nursing in the Care of Elderly Patients Exam Review| Complete Guide with Verified Answers| 100% Correct – Hondros

QUESTION

_What could a p/t be suffering from if they're moved around to different facilities?

Answer:

relocation syndrome

QUESTION

_How can a nurse help a p/t who is nervous about a procedure?

Answer:

ask them questions about non medical stuff (distract them)

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QUESTION

_How can you get better compliance out of your p/t's?

Answer:

involve them in their care plans

QUESTION

_What can a build up of fat soluble vitamins cause?

Answer:

liver damage

QUESTION

_ Why have a p/t use a cane or crutches?

Answer:

to prevent injury

QUESTION

_ Why is a little bit of stress a good thing?

Answer:

1. increases cognitive functions
2. increases alertness

QUESTION

_ What should a p/t with cancer consume more of?

Answer:

calories

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QUESTION

_ As a home health nurse how would you facilitate effective coping for your p/t that has dementia?

Answer:

assess sleep patterns

QUESTION

_ If you cope well when you're younger:

Answer:

you cope well when you're older

QUESTION

_How do you prevent p/t from doing the Valsalva maneuver during exercise?

Answer:

have them breathe through the mouth

QUESTION

_What is isotonic exercise?

Answer:

when the p/t moves

QUESTION

_What can cause an elderly person to NOT have proper nutrition?

Answer:

1. cost
2. transportation
3. lack of motivation
4. can't read labels

QUESTION

_How can you tell if a p/t has impaired mobility?

Answer:

1. limited range of motion
2. use assistive devices
3. unable to stay upright during ambulation

QUESTION

_What are the different ways electrolytes can be excreted?

Answer:

1. kidneys
2. sweat
3. stool
4. vomiting

QUESTION

_Does sudden acute stress have long term effects?

Answer:

no

QUESTION

_Does the cane and the weak leg move at the same time?

Answer:

yes

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QUESTION

_What is the stress called when it builds up and causes long term effects?

Answer:

cumulative

QUESTION

_What does the nurse need to do when creating an exercise plan for a p/t?

Answer:

involve the p/t